



# Father Knows Best!

*I love the saints and always get something from reading biographies of the saints or writings of the saints themselves. I recently discovered a wonderful book that contains nothing but quotes from the saints. Below is a random selection of some quotes that caught my attention for one reason or another. Read them and enjoy them. I am confident that there is something for everyone. May this smattering of quotes entice and encourage us to read more about the saints' lives or what they have written.*

*- Fr. Jack Mattimore, S.J.*

"You can do nothing with children unless you win their confidence and love by bringing them into touch with yourself, by breaking through all the hindrances that keep them at a distance. We must accommodate ourselves to their tastes, we must make ourselves like them." **St. John Bosco**

"At the end of life, we will be judged by love." **St. John of the Cross**

"Go to your confessor; open your heart to him; display to him all the recesses of your soul; take the advice that he will give you with the utmost humility and simplicity. For God, who has an infinite love for obedience, frequently renders profitable the counsels we take from others, but especially from those who are the guides of our souls."

**St. Francis de Sales**

"If I had to advise parents, I should tell them to take great care about the people with whom their children associate. Much harm may result in bad company, and we are inclined by nature to follow what is worse rather than what is better."

**St. Elizabeth Ann Seton**

"The strategy of our adversary can be compared to the tactics of a commander intent upon seizing and plundering a position he desires. The leader of an army will encamp, explore the fortifications and defenses of the fortress, and attack at the weakest point. In the same way, the adversary of our human nature examines from every side all of our virtues, theological, cardinal, and moral. Wherever he discovers the defenses of eternal salvation to be the weakest and most lacking, there he attacks and tries to take us by storm."

**St. Ignatius of Loyola**

"Modern times are dominated by Satan, and will be more so in the future."

**St. Maximilian Kolbe**

"The more we suffer, the more we are favored by God."

**St. Jane Frances de Chantal**

"Can you expect to go to heaven for nothing? Did not our dear Savior track the whole way to it with His tears and blood? And yet you start at every little pain."

**St. Elizabeth Ann Seton**

"God prefers your health, and your obedience, to your penances."

**St. Teresa of Avila**

"First tell the Devil to rest, and then I'll rest, too." **St. John Bosco**

"Have a good appetite. God does not want His spouses to look as though He fed them on lizards."

**Blessed Raphaela Maria Porras**

"Let the enemy rage at the gate, let him knock, let him push, let him cry, let him howl, let him do worse; we know for certain that he cannot enter save by the door of our consent." **St. Francis de Sales**

"The better friends you are, the straighter you can talk, but while you are only on nodding terms, be slow to scold." **St. Francis Xavier**

"I imagine that the angels themselves, if they came down as schoolmasters, would find it hard to control their anger. Only with the help of the Blessed Virgin do I keep from murdering some of them." **St. Benildus**

"You will not see anyone who is truly seeking after his spiritual advancement who is not given to spiritual reading."

**St. Athanasius of Alexandria**

"The Magdalene, most of all, is the model I like to follow. That boldness of hers, which would be so amazing if it weren't the boldness of a lover, won the heart of Jesus, and how it fascinates mine!"

**St. Therese of Lisieux**

"Only after the Last Judgment will Mary get any rest; from now until then, she is much too busy with her children." **St. John Vianney**

"It is good when a soul loves solitude; it's a sign that it takes delight in God and enjoys speaking with Him."

**St. Jane Frances de Chantal**

"You pay God a compliment by asking great things of Him." **St. Teresa of Avila**

"Learn to hate your faults, but to hate them calmly." **St. Padre Pio of Pietrelcina**

"Man is created to praise, reverence, and serve God our Lord, and by this means to save his soul. The other things on the face of the earth are created for man to help him in attaining the end for which he is created. Hence, man is to make use of them insofar as they help him in the attainment of his end, and he must rid himself as they prove a hindrance to him." **St. Ignatius of Loyola**

"Total abstinence is easier than perfect moderation." **St. Augustine of Hippo**

"Continual moderation is better than fits of abstinence interspersed with occasional excesses." **St. Francis de Sales**

"If you embrace all things in life as coming from the hands of God, and even embrace death to fulfill His holy will, assuredly you will die a saint." **St. Alphonsus Liguori**

"Let us look at our own shortcomings and leave other people's alone, for those who live carefully ordered lives are apt to be shocked at everything, and we might well learn very important lessons from the persons who shock us." **St. Teresa of Avila**

"Suffering out of love for God is better than working miracles."

**St. John of the Cross**

"Obedience is a little dog that leads the blind." **St. Joseph of Cupertino**

"Follow the saints, because those who follow them will become saints."

**St. Pope Clement I**